



Deal With It: A 12 Week Study on Teenage Girls' Anger (Youth Specialties (Paperback))

By Huebner, Mary

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 SHIP DAILY!! EXPEDITED SHIPPING AVAILABLE. Anger is a regular
 part of every middle school girl's world. Often times, this anger
 can appear as open aggression where girls bully one another, or
 they can unhealthily suppress their anger. But there are godly
 and appropriate ways students can respond to situations that
 make them angry. Deal With It gives youth leaders the tools to
 help middle school girls deal with their anger. Through activities
 that include reading and responding to stories about Maria, a
 fictional teen, students will learn to recognize their anger and
 find healthy ways to express their emotions. Editorial
 Reviews About the Author Mary Huebner has been involved with
 youth ministry for over 27 years. She has been part of Interlinc's
 Write Group for five years and is a contributing writer for
 InWord and YouthWorker Journal. Her commitment to youth
 has included directing more than 70 weeks of summer youth
 camps, 25 of those weeks targeted to middle schoolers. For the
 past ten years she has been a middle school youth leader at the
 Oak Grove Church of God in Tampa, Florida.



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