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## How to Uncover Your Past Lives (New edition)

By Ted Andrews

Llewellyn Publications, U.S. Paperback. Book Condition: new. BRAND NEW, How to Uncover Your Past Lives (New edition), Ted Andrews, Have you ever experienced a feeling of déjà vu . . . or had recurring dreams of a particular place or time . . . or felt instantly close to some person? All these experiences provide clues to past lives. With How To Uncover Your Past Lives, you'll learn how knowledge of past lives can help you gain clear insight into your spiritual purpose for this lifetime. Popular author Ted Andrews teaches you how to safely and easily explore past-life memories using self-hypnosis, meditation, dowsing, fragrance, and crystals. Discover how to: Use past-life awareness as a tool for spiritual growth Recognize soul mates and their role in your life Understand the true meaning of a twin soul Let go of self-defeating behaviors and beliefs from past lives Gain insight into your life's purpose.



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