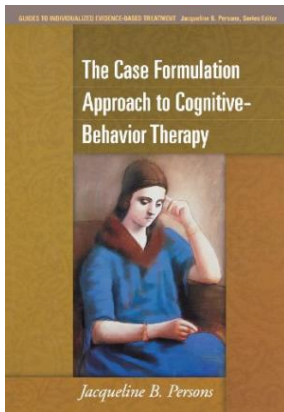


Read Kindle

THE CASE FORMULATION APPROACH TO COGNITIVE-BEHAVIOR THERAPY



Guilford Publications. Hardcover. Book Condition: New. Hardcover. 273 pages. This eagerly awaited book shows how skillful case formulation addresses a critical challenge in psychotherapy today: how to use empirically supported therapies (ESTs) in real-world clinical contexts. The author explains the basic theories of cognition, learning, and emotion that underlie available ESTs and shows how the theories also guide systematic case formulation. By crafting a sound formulation and continually refining and monitoring it as treatment progresses, the therapist can smoothly shift...

Download PDF The Case Formulation Approach to Cognitive-Behavior Therapy

- Authored by Jacqueline B. Persons PhD
- Released at -



Filesize: 1.07 MB

Reviews

It in a single of the most popular publication. Sure, it really is engage in, still an interesting and amazing literature. Your life period will be change the instant you full reading this book.

-- **Abel O'Kon Sr.**

A fresh electronic book with a new perspective. It is one of the most remarkable book we have go through. Your daily life period will likely be transform the instant you full reading this article pdf.

-- **Katrine Kohler DVM**

This book is great. it was writtern quite flawlessly and helpful. You will not truly feel monotony at whenever you want of your time (that's what catalogs are for concerning if you ask me).

-- **Sterling Kris**
